

Yoga & Fitness

BOOK YOUR CLASS NOW

Tuesday

Core Fusion	11AM
Energy Flow	12PM
Jade Slow Flow	4:30 PM

Wednesday

Energy Flow	5PM
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Thursday

Tiger Eye Vinyasa	9AM
Citrine Deep Stretch	11AM
Jade Slow Flow	12PM
Barre	5PM

Saturday

Tiger Eye Vinyasa	10AM
Rose Quartz Meditaion	11AM



A 23% SERVICE CHARGE WILL BE ADDED

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